

Patient information

Foot and ankle surgery

Bunion surgery

Bunion surgery is not as simple as taking off the bump. It takes 6 weeks in a special shoe and 3 to 6 months for all the swelling to subside. It is a big commitment with incredible results at the end.

The bump is caused by a misalignment of the toe due to genetics or incorrect shoe wear. Surgery involves taking off the bump and correcting the toe alignment by releasing ligaments and breaking the toe using screws and sometimes plates to hold everything in its corrected place. I do not use plaster casts and you will be able to walk on your heel in special shoes for the first 6 weeks.

The surgery is very technical with a 15% complication rate, but the outcome is often life changing, allowing you to wear modest shoes and removing all pain.